

Date:

Scripture/Devotional Reading/Meditation Focus:

Long-term Goals

1)

2)

3)

5 EMAILS TO SEND

5 FOLLOW-UP EMAILS

5 HEAD-DOWN TASKS

3 DAILY HABITS

Today's Meals

**2 INDUSTRY/SKILL BUILDING
SOURCES TO REVIEW**

EASE INTO THE DAY TASKS

TEAM CHECK-INS